Dave Adams graduated from West Chester East High School in 1994. While at East Dave earned 8 Varsity letters (3 football, 3 lacrosse, 2 wrestling) and was named Football Captain & MVP in 1993. Upon graduation from East Dave received both the Hugh V. Butch McDevitt award "presented annually to the most outstanding all-around athlete of the Ches-Mont League" and the Robert D. Owens Memorial Award "for Leadership, Athletic Skill and Academic Achievement." During his high school tenure Dave also earned the rank of Eagle Scout from Troop 66 of Westtown, PA.

Dave graduated with a Bachelor of Arts Degree in History from the College of William & Mary where he was the recipient of a four year athletic football scholarship. He also holds a Master of Business Administration degree from the Tuck School of Business at Dartmouth.

Prior to launching his healthcare business, Dave spent several years with Boston-based Suffolk Construction as the Vice President of Operations where he was responsible for day-to-day operations and financial management of nearly \$1 Billion of commercial, residential, retail, hospitality and office construction projects for the company's Northeast region. Captain Adams also served around the globe for nearly a decade as a commissioned officer in the United States Marine Corps, both as a leadership instructor and as an Assault Amphibian platoon commander.

Presently, Dave is the Founder & President of Freedom Health Holdings, LLC, the parent company of a series of AFC Doctors Express Urgent Care franchises in Eastern Massachusetts. Doctors Express is a high-quality, efficient, convenient and affordable urgent care walk-in medical platform that is open every day, saving its patients and the communities in which they are based millions of dollars each year.

Dave currently resides in Dover, MA with his wife Samantha and their three children. He is active in several philanthropic endeavors in New England and currently sits on the Board of Directors for Care to Communities, an international not-for-profit that builds self-sustaining walk-in medical clinics throughout the developing world.